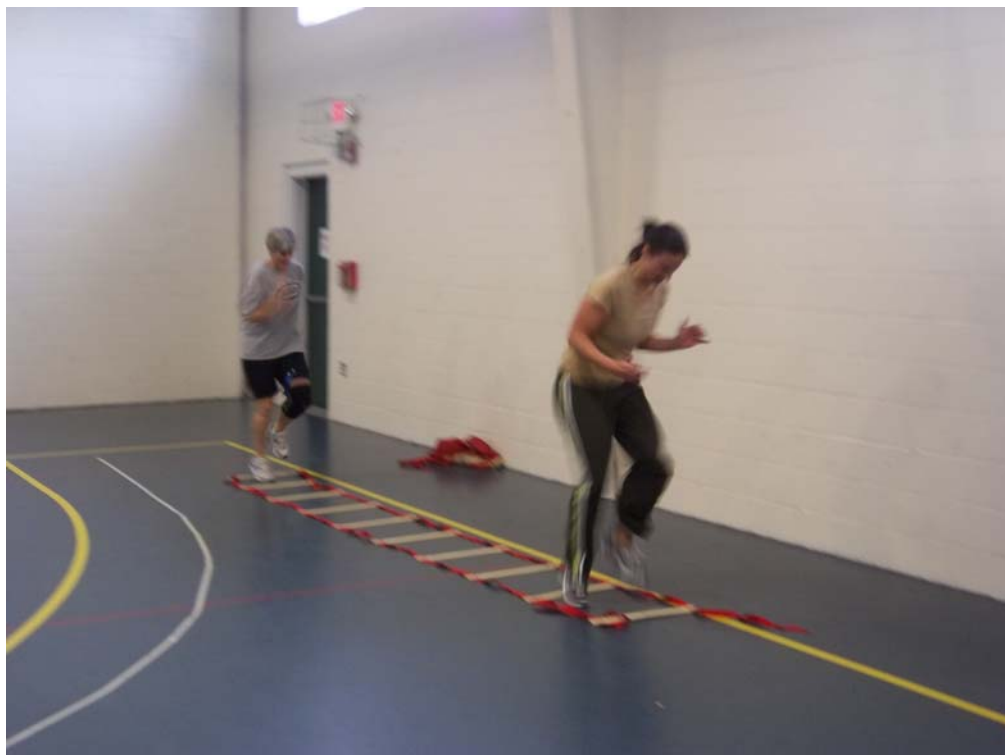




Quarterbacks Jenn O'Connor and Alex Montone dropping back for passes.



Linewomen Kelly Hebert, Aimee Gauvin, Maia Goodall and Lizwe Nondabula working with the medicine balls.



Nancy O'Loughlin and Lisa Close working with the agility ladder.



Lizwe Nondabula and Nancy O'Loughlin working on acceleration w/ the running sled.



Bri Giarrusso, Coco, Lisa Close and Lesley Lopes tossing the med balls.



Andrea "No Joke" Covelli working on a LB drill with Coach Johnson. Laima Bouhallel, Erica Adams, Riss Nardelli, Stacey Martin, Liza Vincent, Jen Lewis, Brenna Leveille and Charlene Casey wait their turn.



Clash of the Titans: Lizwe and Coco



Bri and Aimee improving footwork.



Alex Montone attempts to thread the needle to Steph Samuelson with Cliff "Wingspan" Ashley in the way.