



Lamia Bouhallel and Andrea Covelli doing agility drills with Coaches Ellison and Ashley observing.



Lesley Lopes holds the blocking pad for Coco.



Nancy O'Loughlin doing a breakdown w/ Coach Callahan observing.



Steph Samuelson and Lola Kantak.



Tricia Riordan and Lizwe Nondabula.



Riss Nardelli and Liza Vincent.



Alex Montone and Jenn O'Connor



Lesley Lopes hitting Lamai Bouhallel with Coach Callahan watching.



Michelle Breden taking off in a drill with Lamia Bouhallel, Nancy O'Loughlin, Bri Giarrusso and Lesely Lopes waiting their turn.



Hulk and Kate Schoenen.



Lola Kantak and Jenn O'Connor



Andrea Covelli and Bri Giarrusso



Lamia Bouhallel hitting Nancy O'Loughlin



Tricia Riordan hitting Coco



Michelle Breden about to hit Lizwe Nondabula



Steph Samuelson and Andrea Covelli



Kelly Hebert closing in on Michelle Breden.