



Alex launching a pass.



Coach Johnson and the LBs.



Steph and Lola on patterns with Erica and Jenn defending against Alex's pass.



Kate going out for a pass.



3-Man Meat Work.



Steph and Lola going out with Charlene and Jenn defending.



Kate jumping for a pass that Erica tries to defend.



View from the blimp.



O skills vs. LBs.



The snap of the ball!



View from the blimp II.



The two teams' staffs address the players after the practice.